

Tigerton School District

Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2024-25 School Year

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Douglas Nowak, District Administrator, 715-535-4040.

Section 1: Policy Assessment

Overall Rating:
2.17

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

0 = objective not met/no activities completed

1 = objective partially met/some activities completed

2 = objective mostly met/multiple activities completed

3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
The Board recognizes that good nutrition and regular physical activity affect the health and well-being of the District's students. Furthermore, research suggests that there is a positive correlation between a student's health and well-being and their ability to learn. Moreover, schools can play an important role in the developmental process by which students establish their health and nutrition habits by providing nutritious meals and snacks through the schools' meal programs, by supporting the development of good eating habits, and by promoting increased physical activity both in and out of school.	3
Schools alone, however, cannot develop in students healthy behaviors and habits with regard to eating and exercise cannot be accomplished by the schools alone. It will be necessary for not only the staff, but also parents and the public at large to be involved in a community-wide effort to promote, support, and model such healthy behaviors and habits.	1

Nutrition Promotion	Rating
Promote nutrition education with the objective of improving students' health.	1
Improve the health and well-being of our children, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits.	2
Promote nutrition guidelines, a healthy eating environment, child nutrition programs, and food safety and security on each school campus with the objective of promoting student health.	3
Provide opportunities for every student to develop the knowledge and skills for specific physical activities, maintain physical fitness, regularly participate in physical activity, and understand the short and long-term benefits of a physically active lifestyle.	2
Promote the health and wellness of students and staff through other school-based activities.	2

Nutrition Education	Rating
The primary goal of nutrition education is to influence students' lifelong eating behaviors.	2

Nutrition Education	Rating
The District is committed to providing a school environment that encourages students to practice healthy eating and physical activity. Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media.	2
The District shall inform and invite parents to participate in school-sponsored activities throughout the year.	1

Physical Activity and Education	Rating
The District shall provide students with age and grade-appropriate opportunities to engage in physical activity.	3
Outdoor recess shall be offered weather permitting.	3
A sequential, comprehensive physical education program shall be provided for students in K-12 in accordance with the physical education academic content standards and benchmarks adopted by the State.	3
The sequential, comprehensive physical education curriculum shall provide students with opportunities to learn, practice, and be assessed on developmentally appropriate knowledge, attitudes, and skills necessary to engage in lifelong, health enhancing physical activity.	3

Other School-Based Wellness Activities	Rating
Students, parents, and other community members shall have access to, and be encouraged to use, the school's outdoor physical activity facilities outside the normal school day.	2
As appropriate, schools shall support students, staff, and parents' efforts to maintain a healthy lifestyle.	2
The schools shall provide at least thirty (30) minutes daily for students to eat. The schools shall schedule mealtimes so there is minimum disruption by bus schedules, recess, and other special programs or events.	3
All foods available on campus during the school day shall comply with the current USDA nutrition guidelines, including competitive foods that are available to students a la carte in the dining area, as classroom snacks, from vending machines, for classroom parties, or at holiday celebrations.	2
The food service program will provide all students affordable access to the varied and nutritious foods they need to be healthy and to learn well, regardless of unpaid meal balances without stigma. The food service program shall be administered by a director who is properly qualified, certificated, licensed, or credentialed, according to current professional standards.	3
The District adheres to the Wisconsin Department of Public Instruction fund-raiser exemption policy and allows two (2) exempt fund-raisers per student organization per school per year. All other fund-raisers sold during the school day will meet the Smart Snacks nutrition standards. No restrictions are placed on the sale of food/beverage items sold outside of the school day.	3

Policy Monitoring and Implementation	Rating
The District Administrator shall implement and ensure compliance with the policy by leading the review, update, and evaluation of the policy and is authorized to designate a staff member or members with responsibility to assure that wellness initiatives are followed in the District's schools.	2
The District Administrator shall obtain the input of District collaborators to participate in the development, implementation, and periodic review and update of the policy. The collaborators may include parents, students, representatives of the school food authority, educational staff (including physical education teachers), school health professionals, Board members, members of the public, medical/health care professionals, and other school administrators.	1

Policy Monitoring and Implementation	Rating
The District will evaluate compliance with the Wellness Policy no less than once every three years. The assessment will include the extent to which each school is in compliance with the policy, progress towards meeting policy goals, and how the policy compares to a model policy, as established by the USDA. The District will use the Wisconsin Local Wellness Policy Triennial Assessment Report Card to fulfill the triennial assessment requirement. The results of the triennial assessment will be made available to the public.	1

Section 2: Progress Update

Overall, the Tigerton School District has made great progress in promoting wellness within our school and community. In the future, the Wellness Committee will aim to meet more regularly and expand on its efforts to promote wellness continue that positive movement forward related to nutrition standards, promotion, education, and physical activity.

Comprehensiveness Score:

50

Section 3: Model Policy Comparison

Local Wellness Policy Strengths

Physical Activity and Education
Other School-Based Wellness Activities

Areas for Local Wellness Policy Improvement

Nutrition Promotion
Nutrition Education
Policy Monitoring and Implementation

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